

**CHAPTER 28: AT THE ORIGIN OF VIOLENCE:  
DEVALUING THE OTHER**

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55. Maalouf, A., *The Crusades Through Arab Eyes*, Schocken, 1989.
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59. What’s more, as Jacques Van Rillaer, a former psychoanalyst who has explored this question in detail in his book *Les Illusions de la psychanalyse*, explains, psychologists today challenge the principle by which living beings basically try to search for a state completely without tension, and to reduce any new tension that arises in them. On the contrary, an animal or a person placed in a comfortable place but completely isolated from any stimulation likely to arouse tension soon experiences this situation as very disagreeable. Van Rillaer, J., *Les Illusions de la psychanalyse*, 1995. *Op. cit.*, p. 289, and note 94.

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